

# CARING FOR OUR OWN NURSING AID / PAB

PROGRAM INFORMATION

2025-2026







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## Program Background



Caring for Our Own is a 7-month, full-time training program designed to prepare community members to become certified **Nursing Aides (PABs)**. Graduates will be equipped with the skills and experience needed to care for our Elders and support the long-term care services at **Kateri Memorial Hospital Centre (KMHC)**.

The program combines classroom instruction and hands-on clinical experience, delivered in collaboration with the **Châteauguay Valley Career Education Center (CVCEC) and KMHC**.

This initiative was developed in response to a growing need at KMHC. A significant number of experienced community-based PABs have retired, and fewer Kahnawa'kehró:non are entering the field. As a result, many of our vulnerable clients are receiving care from non-community members, reducing the sense of familiarity and cultural connection that is so important in elder care.

By offering this program locally and providing a **bursary in the form of a monthly allowance**, we aim to remove financial barriers and create a meaningful path into the healthcare field for those who may otherwise be unable to pursue it. This approach has already shown promise; a similar Ministry-funded PAB program saw increased community participation.

The ultimate goal is to **increase the number of local PABs** working in KMHC's Inpatient Unit, restore community-based care for our Elders, and support participants in building long-term careers in healthcare.

## Curriculum Breakdown





### **Competencies**

Code	Module	Hours	Units
STC-012	Analyze the occupation	30	2
STC-024	Adopt relational approaches that encourage communication and collaboration	60	4
STC-032	Prevent and control infections and contamination	30	2
STC-043	Establish links between the client's condition and needs, and the changes and interventions required	45	3
STC-053	Adapt their approach to the client's condition, behaviours or clinical reality	45	3
STC-066	Provide personal assistive services related to activities of daily living in the context of long-term care	90	6
STC-072	Adapt their approach and personal assistive services in the context of palliative and end-of-life care	30	2
STC-082	Administer first aid and apply emergency measures	30	2
STC-095	Intervene with clients experiencing a loss of autonomy in long-term care centres		5
STC-101	Ascertain their limits with respect to administering medications and providing invasive assistive care related to activities of daily living	15	1
STC-114	Perform tasks related to assistive services in the context of short-term and critical care		4
STC-125	Provide assistive care to clients in short-term or critical care settings	75	5
STC-133	Perform HSSA-related tasks in the context of home care	45	3
STC-145	Enter the workforce in a long-term care centre, short- term care centre, critical care centre or in the context of home care	75	5
	705	47	

## Admission Prerequisites



To be eligible for admission to the Support for Assistive Services in Health and Social Services Institutions program leading to an STC, candidates must meet one of the following requirements:

 Have obtained at least Secondary III credits or the equivalent in the language of instruction (LI), second language (SL) and mathematics

OR

 Hold an Attestation of Equivalence of Secondary Studies (AESS)

OR

 Have passed the General Development Test (GDT) and the following specific prerequisites in the language of instruction: ENG 3101-1 and ENG 3102-2, or have been granted recognition for equivalent learning

Also eligible for this program are persons who are at least 16 years of age on September 30 of the school year in which their vocational training is to begin, who hold a Training Certificate for a Semiskilled Trade (TCST), and who have earned the required credits in language of instruction, second language and mathematics in Secondary Cycle One in general education in the youth sector or in Secondary II in general education in the adult sector (TCST-STC bridge).

## Application Documents



To complete your application, you must submit the following documents:

## 1 Educational Transcripts

Official or unofficial transcripts from your most recent educational institution showing completed courses or credentials.

### 2 Permanent Code

A 12-character identification code assigned by the Quebec Ministry of Education, typically found on report cards or transcripts. ex: LAMB12345601

### 3 Photo ID

A government-issued identification document with your photo, such as a driver's license, medicare card, or status card.

### 4 Birth Certificate

A copy of your official birth certificate used to verify identity and eligibility.

## **Key Details**



### Schedule

Please note that all dates provided are subject to change. While some adjustments may occur, we do not anticipate any major changes to the schedule.

#### **Cohort Size:**

This program will accept a maximum of 12 students for the upcoming cohort. Due to the limited number of seats, a selection process will be used to identify applicants who are most ready and committed to the program and future work opportunities at KMHC.

#### Full-Time Program:

September 10th, 2025 to April 24th, 2026 Monday to Friday 9:00 am - 3:30 pm

#### **Deadline to Apply:**

Friday, July 11th, 2025

#### **Program Launch**:

Wednesday, September 10th, 2025

#### Winter Break:

Monday, December 22nd, 2025 - Friday, January 5th, 2026

#### **Final Class:**

Tentative: End of March / Early April 2026

## Location and Facilities

This program will take place at two main locations: **Kateri Memorial Hospital Centre (KMHC)** and **Chateauguay Valley Career Education Centre (CVCEC)**. Both sites are equipped to provide a comprehensive and hands-on learning experience. Each location is designed to support the practical and theoretical aspects of the program, ensuring that students gain valuable skills in a well-equipped environment.

#### **KMHC**



#### **Address**

10 River Road, Kahnawake, Quebec, JOL 1B0



#### **CVCEC**



#### **Address**

46 Rue Roy, Ormstown, Quebec, JOS 1K0



## Application Process



### **1** Application Form

Complete the full application to ensure we have all the information required.

Link to Apply: <a href="https://forms.gle/M3Vp3CiBXKwNbNmUA">https://forms.gle/M3Vp3CiBXKwNbNmUA</a>

### **2** Evaluation Questions & Resume

This section includes the **application questions and resume**, both of which are required for the selection process. Your responses to the questions will be used to evaluate your fit for the program, so please answer thoughtfully.

#### 1. Motivation

What motivates you to pursue a career in healthcare, specifically as a Nursing Aide (PAB)?

#### 2. Interest

What interests you most about this program and the opportunity to potentially work at KMHC?

#### 3. Commitment to Program

This program requires full-time attendance for approximately 9 months, followed by potential employment at KMHC. What makes you feel ready to take on this commitment at this time in your life?

## Selection Criteria



#### **Application Screening**

Following application submission, we verify all documents, confirming each applicant's completion of the required materials. Those with complete submissions automatically enter the selection pool, advancing to the next stage.

#### **Interviews**

Depending on the number of applications received and the outcomes of the initial screening, selected applicants may be invited to participate in a brief interview with members of the selection committee. This step allows for a deeper understanding of the candidate's interest, motivation, and fit for the program, and helps inform final selection decisions.

#### **Selection Committee**

A dedicated team from Tewatohnhi'saktha's Workforce Development team and representatives from Kateri Memorial Hospital Centre evaluates applications and attached documents. The review process focuses on selecting 12 participants based on criteria such as the Interest, Motivation, Career Goals, and Commitment.

## Participant Benefits



### Financial Support

Participants will receive a monthly allowance to help offset the cost of participation and support them throughout the full-time training period. This program is made possible through funding from Tewatohnhi'saktha and Kahnawà:ke Shakotiia'takehnhas Community Services (KSCS), ensuring financial barriers are minimized for those selected.

#### **Certificate**

Upon successful completion of the program, students will earn a Skills Training Certificate (STC) in Institutional and Home Care Assistance. This certification is recognized across Quebec and will qualify students to pursue various roles in the healthcare industry.

### Post-Training Opportunity

Graduates of the program may be offered the employment at KMHC as PABs / Nursing Aides. While not guaranteed, these placements will be prioritized for program participants who demonstrate commitment, reliability, and readiness throughout the training.

## Contact Information



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